



**COIMBRA 2018**  
EUROPEAN UNIVERSITIES GAMES



## Sample-Taking Procedure

1. Immediately after the Competition or after the determination of the final results, the Athlete selected for a Doping Control shall be handed a Notification Form by a Doping Control Officer or their nominated representative (Chaperone) and asked to report as soon as possible to the designated Doping Control Station. The Athlete must bring his/her accreditation card to the Doping Control Station designated on the form;
2. Upon presentation of the Notification Form, the Chaperone shall enter the time of notification and the Athlete shall sign the Notification Form;
3. In Out-of-Competition Testing, the Athlete has to report to the designated Doping Control Station immediately (where the Doping Control Station is sited in a location not within walking distance, the Doping Control Officer will arrange transportation to and from the Doping Control Station);
4. If the Athlete refuses to sign the Notification Form or should the Athlete fail to report to the Doping Control Station within a reasonable time, the facts shall be noted on the Doping Control Form. The DCO shall decide whether to process a possible failure to comply. However, if the test is possible, it shall still be carried out;
5. From the time of notification for a Doping Control until provision of the Sample, the Athlete shall be escorted to the designated Doping Control Station by a Person authorised by the Organising Committee in such a way that the Athlete is always within sight and not able to manipulate the Sample to be given;
6. Should the Athlete be required to leave the Doping Control Station, s/he will have to be observed at all times by a Chaperone;
7. Upon arrival at the Doping Control Station, the Athlete and any accompanying Person (e.g. coach/ team leader) shall be attended in the waiting room by a member of the Doping Control team. The time of arrival and the personal data of the Athlete shall be noted on the Doping Control Form;
8. The Doping Control Officer shall check the identity of the Athlete by means of the event accreditation card;
9. The Athlete may be searched for evidence of possible manipulation of the urine Sample while in the Doping Control Station;



10. In addition to the Athlete and the accompanying Persons, only authorised Persons may be present in the Doping Control Station. Usually they will be:

Doping Control Officer(s);

Member(s) of the EUSA Medical Committee;

Chaperones;

Interpreters.

No representative of the press, television, radio, etc. may be permitted to be present in the Doping Control Station.

11. The actions for collection of the urine Sample will take the following course:

a) When the *Athlete* indicates s/he is ready to provide a urine *Sample*, the *Doping Control Officer* shall ensure that the *Athlete* is informed about his/her rights and responsibilities and the *Sample* collection process.

b) The *Athlete* shall select a sealed collection container with which s/he is satisfied. If the *Athlete* is not satisfied with a container, s/he shall select another one. If the *Athlete* is not satisfied with any containers and no other containers are available, this should be noted on the Doping Control Form and the *Doping Control Officer* shall instruct the *Athlete* to proceed with the test. However, if the *Doping Control Officer* and Medical Committee member agree with the reasons put forward by the *Athlete* that all available containers do not meet specifications, the *Doping Control Officer* shall terminate the test and this should be noted in the Doping Control Officer Report Form.

c) The *Athlete* shall retain control of the collection container and any *Sample* provided until the *Sample* is sealed. A *Doping Control Officer* may handle the collection vessel only if authorised to do so by the *Athlete*.

d) The *Doping Control Officer* and the *Athlete* shall proceed to the toilet area to collect a *Sample*.

e) The *Doping Control Officer* shall directly witness the passing of the *Sample* by the *Athlete*.

f) Once the *Athlete* has completed passing the *Sample*, the *Athlete* and *Doping Control Officer* shall immediately return to the *Doping Control Officer* who will oversee the processing and sealing of the *Sample*.



- g) The *Doping Control Officer* who witnessed the passing of the *Sample* shall sign the Doping Control Form to verify that the *Athlete* passed the *Sample*.
- h) The *Doping Control Officer* shall ensure that the volume of the urine *Sample* satisfied laboratory requirements for analysis in full view of the *Athletes*.
- i) Where the volume of urine is insufficient, a partial *Sample* collection procedure shall be conducted.
- j) Where there is Suitable Volume of Urine for Analysis, the *Athlete* shall select a urine kit with which s/he is satisfied and in which the *Sample* will be sealed. If the *Athlete* is not satisfied with the urine kit, s/he shall select another kit until satisfied. If the *Athlete* is not satisfied with any urine kits and no others are available, this should be noted on the Doping Control Form and the *Doping Control Officer* shall instruct the *Athlete* to proceed with the test. However, if the *Doping Control Officer* and Medical Committee member agree with the reasons put forward by *Athlete* that all available urine kits do not meet specifications; the *Doping Control Officer* shall terminate the test and inform the Chair of the Medical Committee.
- k) Once a urine kit has been selected, the *Doping Control Officer* and *Athlete* shall check the kit to determine that it is suitable. If after this inspection, the kit is considered unsuitable, the same procedure shall be followed as in paragraph above.
- l) The *Athlete* shall open the kit; pour at least the prescribed minimum volumes of urine into the A and B bottles.
- m) The *Doping Control Officer* shall confirm that the *Sample* satisfied laboratory requirements for analyses by testing the Specific Gravity of the Residual Volume of urine remaining in the collection container.
- n) The *Athlete* shall then seal the bottles as directed by the *Doping Control Officer*.
- o) The *Athlete* and his/her representative will be asked to offer any comments or concerns about the *Doping Control* procedure in writing on the Doping Control Form.
- p) The *Doping Control Officer* shall request the *Athlete* to provide information about all medication and other substances used within the last seven (7) days.
- q) The *Doping Control Officer* shall complete the Doping Control Form.
- r) The *Doping Control Officer*, the *Athlete*, the *Athlete's* representative (if applicable), and any other *Person* where required shall then sign the Doping Control Form to verify the accuracy of the information.



s) The *Doping Control Officer* shall provide a copy of the Doping Control Form to the *Athlete* as s/he leaves the *Doping Control Station*.

t) The *Doping Control Officer* shall discard all residual urine.

u) If a *Chaperone* observes any unusual behavior by an *Athlete during the doping control procedure*, the *Chaperone* shall report that fact to the *Doping Control Officer* as soon as possible. The *Doping Control Officer* shall then follow the procedure for investigation and processing possible failures to comply.

v) If the *Doping Control Officer* observing unusual behavior by the *Athlete*, the *Doping Control Officer* can require the *Athlete* to provide an additional *Sample*. If additional *Samples* are collected, all *Samples* collected shall be sent to the laboratory for analysis.

w) If a *Doping Control Officer* observes an *Athlete* failing to comply with any direction made by the *Doping Control Officer* or *Chaperone* during the *Sample* collection process, the *Doping Control Officer* shall follow the procedure for investigating and processing possible failures to comply.

x) If the original *Sample* collected does not meet the requirements for Suitable Specific Gravity for Analysis (1.005 or higher with a refractometer or 1.010 or higher with lab stick), the *DCO* is responsible for collecting additional *Samples* until suitable *Sample* is obtained.

y) If it is determined that none of the *Athlete's Sample* meets the requirements for Suitable Specific Gravity for Analysis and the *DCO* determines that, for logistic reasons, it is impossible to continue with the *Sample* collection session, the *DCO* may end the *Sample* collection session. In such circumstances, if appropriate, the *DCO* may investigate a possible anti-doping violation.

z) The *DCO* shall send to the laboratory for analysis all *Samples* which were collected, irrespective of whether or not they meet the requirements for Suitable Specific Gravity for Analysis.

12. In order to solve any litigation arising from the doping control procedure, it is stipulated that the provisions of the International Standard for Testing and Investigations (ISTI) shall prevail.